

Yarmouth

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	8,097	12 th
Population change between 1998 and 2008	-3.4%	26 th
Population per square mile (2008)	607	4 th
Median age (2000)	41.6	5 th
Under 18 (2000)	24.6%	15 th
65 and over (2000)	14.6%	11 th
Racial and ethnic minorities (2000)	2.0%	21 st
Not fluent in English (2000)	0.52%	7 th
Living in poverty (1999)	4.4%	17 th
Less than a high school education (2000)	5.4%	22 nd
Single parent households (2000)	6.2%	19 th

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	220	227	242
2. Heart Disease	150	191	237
3. Chronic Lower Respiratory Diseases	58	51	61
4. Cerebrovascular Diseases	60	50	61
5. Alzheimer's Disease	48	48	38
6. Unintentional Injuries	31	36	40
7. Influenza/Pneumonia	29	26	24
8. Diabetes Mellitus	17	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	22	20	19
10. Septicemia	**	11	10
All Causes	943	884	969

Shading indicates a significant difference from the state.
**Too few to be disclosed.

Yarmouth has a significant INCREASE in...

Indicator	Current	Prior	% increase
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%
Controlled substance prescriptions per person	1.65 (2008)	1.54 (2007)	7%

Yarmouth has...

High levels of	Low levels of
Home and nurse visits***	Eligibility for free or reduced school lunches
Depression***	Domestic violence
Asthma***	Smoking-related diagnoses***

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and North Yarmouth.

YARMOUTH Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007) ^{***}	68.6	59.1	16%
Asthma per 1,000 (2007) ^{***}	34.4	30.2	14%

YARMOUTH Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007) ^{***}	3.4	8.6	61%
Diabetes per 1,000 (2007) ^{***}	25.6	43.0	40%
Colorectal cancer per 1,000 (2007) ^{***}	0.8	1.3	38%
Coronary heart disease per 1,000 (2007) ^{***}	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007) ^{***}	45.2	25.9	74%

HEALTH ACCESS	Value	State value	% lower
Emergency dept. visits per 1,000 (2007) ^{***}	101.6	191.2	47%
Disabled (2000)	10.9%	20.0%	45%
Hospital visits per 1,000 (2007) ^{***}	108.8	126.1	14%

ORAL HEALTH
Yarmouth does not fluoridate its public drinking water.

INJURY AND VIOLENCE	Value	State value	% lower
Annual domestic violence crimes per 10,000 (2004-06)	15.9	41.2	61%
Annual violent crimes per 10,000 (2004-08)	5.9	11.4	48%
Disabling occupational injuries per 1,000 workers (2008)	14.4	21.0	32%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	8.8%	43.0%	80%
Annual births per 1,000 women 15-44 (2002-06)	42.7	52.0	18%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	6.7	13.4	50%
Controlled substance prescriptions per person (2008)	1.65	1.76	6%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	24.4%	35.8%	32%

^{***}Among those with private insurance, and by region that also includes Cumberland, Falmouth, Long Island, and North Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

