

Scarborough

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	19,054	4 th
Population change between 1998 and 2008	+29.3%	3 rd
Population per square mile (2008)	399	7 th
Median age (2000)	38.8	13 th
Under 18 (2000)	25.9%	7 th
65 and over (2000)	13.0%	15 th
Racial and ethnic minorities (2000)	2.9%	8 th
Not fluent in English (2000)	0.39%	12 th
Living in poverty (1999)	4.0%	19 th
Less than a high school education (2000)	6.3%	21 st
Single parent households (2000)	5.6%	21 st

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	235	227	242
2. Heart Disease	178	191	237
3. Chronic Lower Respiratory Diseases	45	51	61
4. Cerebrovascular Diseases	55	50	61
5. Alzheimer's Disease	52	48	38
6. Unintentional Injuries	21	36	40
7. Influenza/Pneumonia	35	26	24
8. Diabetes Mellitus	21	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	18	20	19
10. Septicemia	11	11	10
All Causes	839	884	969

Shading indicates a significant difference from the state.

Scarborough has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual domestic violence crimes per 10,000	24.8 (2004-06)	15.6 (2001-03)	59%
Eligibility for free or reduced school lunches	15.6% (2009-10)	12.9% (2008-09)	21%
Controlled substance prescriptions per person	1.58 (2008)	1.44 (2007)	9%

Scarborough has a significant DECREASE in...

Indicator	Current	Prior	% decrease
Hospital visits per 1,000***	88.2 (2007)	120.1 (2006)	27%
Births per 1,000 women 15 to 44	48.5 (2002-06)	56.6 (1997-01)	14%

Scarborough has...

High levels of	Low levels of
Disabling occupational injuries	Eligibility for free or reduced school lunches
Home and nurse visits**	Housing built before 1950
Depression**	Violent crimes

Represents the highest and lowest percentages among all significant indicators listed on the next page.

**Among those with private insurance, and by region that includes Cape Elizabeth.

SCARBOROUGH Indicators HIGHER than the State			
HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)**	33.9	25.9	31%

CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)**	66.7	59.1	13%

INJURY AND VIOLENCE	Value	State value	% higher
Disabling occupational injuries per 1,000 workers (2008)	28.2	21.0	34%

SCARBOROUGH Indicators LOWER than the State			
HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)**	114.5	191.2	40%
Disabled (2000)	12.3%	20.0%	39%
Hospital visits per 1,000 (2007)**	88.2	126.1	30%

CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)**	5.3	8.6	39%
Diabetes per 1,000 (2007)**	32.4	43.0	25%
Coronary heart disease per 1,000 (2007)**	11.6	14.4	19%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	6.4	11.4	44%
Annual domestic violence crimes per 10,000 (2004-06)	24.8	41.2	40%

SUBSTANCE USE	Value	State value	% lower
Annual substance use arrests per 1,000 (2004-08)	10.9	13.4	19%
Controlled substance prescriptions per person (2008)	1.58	1.76	11%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)	15.6%	43.0%	64%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	17.7%	35.8%	50%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	104	180	42%

**Among those with private insurance, and by region that includes Cape Elizabeth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

