

Cumberland

Demographic Indicators		
Indicator	Value	Rank in County*
Population (2008)	7,556	13 th
Population change between 1998 and 2008	+11.4%	16 th
Population per square mile (2008)	290	11 th
Median age (2000)	39.4	12 th
Under 18 (2000)	30.4%	1 st
65 and over (2000)	11.0%	18 th
Racial and ethnic minorities (2000)	1.8%	23 rd
Not fluent in English (2000)	0.42%	9 th
Living in poverty (1999)	3.0%	24 th
Less than a high school education (2000)	4.5%	24 th
Single parent households (2000)	5.5%	22 nd

*Among 26 municipalities in Cumberland County, from largest to smallest value.

Annual Rate per 100,000 for the Top 10 Causes of Death in Cumberland County (2001-05)			
Disease	Town	County	State
1. Cancer	156	227	242
2. Heart Disease	135	191	237
3. Chronic Lower Respiratory Diseases	32	51	61
4. Cerebrovascular Diseases	24	50	61
5. Alzheimer's Disease	34	48	38
6. Unintentional Injuries	19	36	40
7. Influenza/Pneumonia	24	26	24
8. Diabetes Mellitus	**	24	30
9. Nephritis, Nephrotic Syndrome, Nephrosis	**	20	19
10. Septicemia	**	11	10
All Causes	594	884	969

Shading indicates a significant difference from the state.
 **Too few to be disclosed.

Cumberland has a significant INCREASE in...

Indicator	Current	Prior	% increase
Annual substance use arrests per 1,000	12.9 (2004-08)	9.6 (1999-03)	34%
Home and nurse visits per 1,000***	45.2 (2007)	35.9 (2006)	26%
Controlled substance prescriptions per person	1.16 (2008)	1.11 (2007)	4%

Cumberland has...

High levels of	Low levels of
Lyme disease	Violent crimes
Home and nurse visits***	Eligibility for free or reduced school lunches****
Depression***	Disabling occupational injuries

Represents the highest and lowest percentages among all significant indicators listed on the next page.

***Among those with private insurance, and by region that also includes Falmouth, Long Island, North Yarmouth, and Yarmouth.

****Part of School Administrative District 51, which also includes North Yarmouth.

CUMBERLAND Indicators HIGHER than the State			
CHRONIC DISEASE	Value	State value	% higher
Depression per 1,000 (2007)***	68.6	59.1	16%
Asthma per 1,000 (2007)**	34.4	30.2	14%

CUMBERLAND Indicators LOWER than the State			
CHRONIC DISEASE	Value	State value	% lower
Smoking-related diagnoses per 1,000 (2007)***	3.4	8.6	61%
Diabetes per 1,000 (2007)***	25.6	43.0	40%
Colorectal cancer per 1,000 (2007)***	0.8	1.3	38%
Coronary heart disease per 1,000 (2007)***	11.0	14.4	24%

HEALTH ACCESS	Value	State value	% higher
Home and nurse visits per 1,000 (2007)***	45.2	25.9	74%

HEALTH ACCESS	Value	State value	% lower
Emergency department visits per 1,000 (2007)***	101.6	191.2	47%
Disabled (2000)	13.1%	20.0%	35%
Hospital visits per 1,000 (2007)***	108.8	126.1	14%

INFECTIOUS DISEASE	Value	State value	% higher
Annual Lyme disease per 100,000 (2005-07)	86	28	203%

INFECTIOUS DISEASE	Value	State value	% lower
Annual chlamydia per 100,000 (2005-07)	77	180	57%

INJURY AND VIOLENCE	Value	State value	% lower
Annual violent crimes per 10,000 (2004-08)	1.3	11.4	88%
Disabling occupational injuries per 1,000 workers (2008)	7.3	21.0	65%
Annual domestic violence crimes per 10,000 (2004-06)	17.6	41.2	57%

FAMILY HEALTH	Value	State value	% lower
Eligibility for free or reduced school lunches (2009-10)****	9.2%	43.0%	79%

ENVIRONMENTAL HEALTH	Value	State value	% lower
Housing built before 1950 (2000)	20.5%	35.8%	43%

SUBSTANCE USE	Value	State value	% lower
Controlled substance prescriptions per person (2008)	1.16	1.76	34%

***Among those with private insurance, and by region that also includes Falmouth, Long Island, North Yarmouth, and Yarmouth.

****Part of School Administrative District 51, which also includes North Yarmouth.

Note: All data sources and health indicators with values not significantly different from the state at the 5% level are found in the document "Cumberland County Health Indicators by Municipality," which can be downloaded at <http://publichealth.portlandmaine.gov>. Additionally, some health indicators are available at the county level only, so town-level values are unavailable. Questions and comments may be directed to tsoma@portlandmaine.gov or 207-874-8787.

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